



Banner Desert
Medical Center

Pregnancy and Postpartum Adjustment Support Group

**Are you feeling sad, anxious,
overwhelmed or disconnected?**

We are here for you...

Pregnancy and Postpartum Adjustment Support Group

You are not alone. You are not to blame.
This group is free and no registration is necessary.
Babies are welcome.

Tuesdays @ 10 to 11:30 a.m.

Banner Desert Medical Center
1400 S. Dobson Road, Mesa, AZ

2145 Building, 4th Floor

Parking available in front of 2145 Building
**This is not in the hospital but in a building on
the southwest corner of campus.*

Please call Suzanne @ (480) 412-5292 for more information.