



**NEW PATIENT INFORMATION**

Today's Date: \_\_\_/\_\_\_/\_\_\_\_\_

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ DOB: \_\_\_/\_\_\_/\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

**Phone number to contact you regarding treatment, to leave a message and appointment reminders:**

Cell Phone: (\_\_\_\_) \_\_\_\_\_ Email (for reminders and monthly specials): \_\_\_\_\_  
How did you hear about us? \_\_\_\_\_ May we thank them for referring you? Yes/No  
Emergency Contact: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_  
Primary Care Physician: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

**Please answer YES or NO to the following:**

- YES NO Are you using any prescribed medications? List: \_\_\_\_\_
- YES NO Are you using any allergy, cold or sleeping medications? List: \_\_\_\_\_
- YES NO Are you using any herbal supplements? List: \_\_\_\_\_
- YES NO Do you take anti-coagulant (blood thinning) medication? List: \_\_\_\_\_
- YES NO Are you allergic to any cosmetic ingredients, medications, topical anesthetics, lidocaine, latex, chlorhexidine, gram-positive bacterial proteins, phenylephrine bee stings or foods?  
List: \_\_\_\_\_
- YES NO Do you have a history of multiple severe allergies or anaphylaxis?
- YES NO Are you pregnant, trying to become pregnant or breastfeeding? \_\_\_\_\_
- YES NO Do you smoke? How much? \_\_\_\_\_ How long? \_\_\_\_\_
- YES NO Do you spend a lot of time outdoors or use a tanning bed often?
- YES NO Do you have any tattoos or permanent makeup? Where? \_\_\_\_\_

**Please check any chronic skin disorders, or check  NONE**

- Cold sores                       Fever or sun blisters     Dermatitis                       Skin infections
- Psoriasis                         Eczema                         Rosacea                         Herpes Simplex/blisters
- Excessive scarring     Keloid scarring             Cystic acne                     Pigmentation disorder
- Other: \_\_\_\_\_

**Please check any health problems, past or present, or check  NONE**

- Seizures                         Hormonal problems             Neuro-Muscular disease or disorder
- High blood pressure             Cardiovascular disease             Hepatitis/HIV/AIDS
- Asthma or pulmonary issues     Emphysema                     Difficulty breathing or swallowing
- Vasovagal syncope             Liver disease                     Diabetes
- PCOS                             Kidney disease                     Collagen disorder
- Thyroid disease                 Sarcoidosis                     Autoimmune disease
- Immunosuppression             Blood disease                     Clotting or bleeding disorder
- Eye or vision problems
- Cancer/Skin Cancer - Type: \_\_\_\_\_ Location: \_\_\_\_\_ When treated: \_\_\_\_\_
- Other: \_\_\_\_\_

**What is your skin type:**  Dry             Combination             Normal             Oily

**Please tell us your main concerns that brought you to our office today:** \_\_\_\_\_

**Have you ever had any of the following injectables, fillers or implants? or check  NONE**

Botox, Dysport, Xeomin, Jeuveau or other botulinum toxin?

What? \_\_\_\_\_ When? \_\_\_\_\_ What areas? \_\_\_\_\_

Juvéderm, Restylane, Sculptra or other dermal filler?

What? \_\_\_\_\_ When? \_\_\_\_\_ What areas? \_\_\_\_\_

**Have you ever undergone any of the following skin treatments? or check  NONE**

Chemical peel  Microneedling  Skin resurfacing or fractional laser

Facial surgery  Lasers  Accutane  Cosmetic surgery

Other: \_\_\_\_\_

What? \_\_\_\_\_ When? \_\_\_\_\_ What areas? \_\_\_\_\_

**Which conditions concern you the most:**

Wrinkles  Uneven skin tone  Brown spots, sun spots, freckles

Sun Damage  Upper lip lines  Visible veins or blood vessels

Enlarged pores  Scarring  Excessive oiliness

Melasma  Blackheads/Whiteheads  Dry patches

Acne/Pimples  Hard bumps under skin  White spots (Hypopigmentation)

Facial redness  Rosacea  Sparse or short eyelashes

Unwanted hair  Other: \_\_\_\_\_

**Please list the products you currently use and list the brand names of the products:**

Cleanser \_\_\_\_\_  Toner \_\_\_\_\_

Moisturizer \_\_\_\_\_  Sunscreen/SPF \_\_\_\_\_

Eye cream \_\_\_\_\_  Vitamin C product \_\_\_\_\_

Retinol/Retin-A \_\_\_\_\_  Skin lightening product \_\_\_\_\_

AHA/BHA product \_\_\_\_\_  Lash product \_\_\_\_\_

Acne product \_\_\_\_\_  Other \_\_\_\_\_

**Are you using any prescription topical products or oral antibiotics for acne, skin cancer, anti-aging or hyperpigmentation? List:** \_\_\_\_\_

**Are you currently removing hair by any of the following methods?**

Waxing  Tweezing  "Nair" type products

Electrolysis  Laser hair removal: When? \_\_\_\_\_ What areas? \_\_\_\_\_

*REQUIRED FOR SKIN ANALYSIS & TREATMENT*	
Your Ethnicity:	
Mother's Ethnicity:	Father's Ethnicity:
Are you tan? _____ Do you tan artificially? _____ Tanning Bed? _____ Spray-on Tan? _____	
When was the last time you had a significant amount of sun exposure?	

**HIPAA Acknowledgement:** I have been informed by Southwest Contemporary Women's Care of the HIPAA law regarding privacy practices and procedures and have been offered a copy of its HIPAA policies.

**I certify that the above information is correct to the best of my knowledge.**

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Date

**Southwest Contemporary Women's Care Notes:** \_\_\_\_\_

**SKIN TYPE ANALYSIS**  
(for laser procedures and facial treatments)

Score	Analysis	0	1	2	3	4
	What is the color of your Eyes?	Light Blue, Gray or Green	Blue, Gray or Green	Hazel or Light Brown	Dark Brown	Brownish Black
	What is the natural color of your Hair?	Red or Light Blonde	Blonde	Dark Blonde or Light Brown	Dark Brown	Black
	What is the color of your skin? ( <i>unexposed areas</i> )	Ivory White	Fair or Pale	Pale with Beige Tint	Olive or Light Brown	Dark Brown
	Do you have freckles on sun-exposed areas?	Many	Several	Few	Very Few	None
	How does your skin/face respond to sun exposure?	Always burns, blisters and peels	Often burns, blisters and peels	Burns, sometimes followed by peeling	Rarely Burns	Never had Burns
	Does your skin tan/turn brown?	Hardly or not at all	Light Color Tan	Reasonable Tan	Tan very easily	Turn Dark Brown Quickly
	Do you turn Brown several hours after sun exposure?	Never	Seldom	Sometimes	Often	Always
	How does your face respond to sun?	Very Sensitive	Sensitive	Normal	Very Resistant	Never had a problem
	When did you last expose yourself to the sun, tanning bed, or self-tanning creams?	More than 3 Months Ago	2-3 Months Ago	1-2 Months Ago	Less than 1-Month Ago	Less than 2 Weeks Ago
	Do you expose the area to be treated to the sun?	Never	Hardly Ever	Sometimes	Often	Always
<b>Total:</b>	<b>Score</b>	<b>Fitzpatrick Skin Type</b>				
	0 – 6 7 – 12 13 – 18 19 – 24 25 – 30 31+	I II III IV V VI				

**COSMETIC PROCEDURE INFORMATION & POLICIES**

Please read and *initial each paragraph* indicating that you understand the following regarding cosmetic treatments at Southwest Contemporary Women’s Care, such as hair and vein reduction, laser skin treatments, chemical peels, microneedling, Plasma Pen® treatments, skin care, and injections of Botox® Cosmetic and the Juvéderm® family of products:

\_\_\_\_\_ I understand that the procedure to be done is a cosmetic procedure. I understand that cosmetic procedures/services are “not medically necessary” and cannot be filed with any insurance company for payments or reimbursement. I agree to be personally and fully responsible for payment for the procedure.

\_\_\_\_\_ I understand that cosmetic procedures are not an exact science. Although our staff strives for the best results with all treatments, the efficacy may vary among individuals. I may see excellent results, partial results, or no results. I will not expect or request refunds for cosmetic procedures.

\_\_\_\_\_ I understand that children and guests are not permitted in the procedure room for any reason due to significant safety risks.

\_\_\_\_\_ I understand that photographs may be taken before, during and after any procedure. This consent authorizes Southwest Contemporary Women’s Care and its staff to use photographs taken of me for medical education of staff within the clinic and documentation of my medical record. I release and hold harmless the clinic, staff, and consultants from any liability in connection with such materials.

\_\_\_\_\_ I understand that forty-eight (48) hours’ notice is required for appointment cancellations and reschedules. Because unused appointments waste valuable time and prevent others from getting appointments, there is a \$75 “no-show” fee for a late cancellation, reschedule or missed appointment. As a courtesy, we send a text reminder for appointments and you can confirm or cancel by responding to the text. You can also call or leave us a voice message at any time should you need to cancel or reschedule.

I have read and understand the above policies.

\_\_\_\_\_    \_\_\_\_\_    \_\_\_\_\_    \_\_\_\_\_  
*Patient-Print Name*    *Patient Signature*    *Witness Signature*    *Date*